

Menus

School: Lostant School

Academic Year: 2021-22

Meal: Lunch

Month: September 2021

September				
M	Tu	W	Th	F
30 Comet McRib Tater Tots Broccoli Fruit Milk	31 Taco in a Bag Lettuce/Cheese Black Turtle Beans Fruit	1 BBQ Chicken Cheesy Potatoes Celery w/Peanut Butter Fruit Milk	2 Fish Sticks Cucumbers/Ranch Chips Fruit Milk	3 Early Out No Lunch !!!
6	7 Cheese Quesadillas Salsa with chips Black Turtle Beans Fruit Milk	8 Breaded Chicken Sandwich Mashed potatoes Fruit Milk	9 BLT (Bacon, Lettuce, Tomato) Grape Tomatoes Celery w. Ranch Sun Chips Fruit Milk	10 French Bread Pizza Lettuce Cucumbers w/ Ranch Fruit Milk
13 Mini Corn Dogs Sweet Potato Fries Fruit Rice Krispie Treat Milk	14 Tacos (meat, shell lettuce, cheese) Refried Beans Fruit Milk	15 Grilled Chicken Salad Cheese, Tomato Hard Boiled Egg Bread Stick Fruit Milk	16 Chicken Alfredo Garlic Bread Peas Fruit Milk	17 Round Cheese Pizza Lettuce/Ranch Cucumbers Fruit Milk
20 Cheeseburger on Bun Fries Broccoli/Ranch Fruit Milk	21 Chicken Fajitas Shell, Cheese, veggies Festa Beans Fruit Milk	22 Chicken Bowl Mashed Potatoes/Gravy Corn Fruit Milk	23 Deli Turkey and Cheese on Pretzel Roll Carrots w/ Ranch Chips Fruit Milk	24 Cheesy Bosco Stick Marinara Sauce Green Beans Fruit Cookie Milk
27 Macaroni & Cheese Bread Stick Green Peppers w/ Ranch Fruit Milk	28 Taco Salad Meat, Cheese, Lettuce, Tomato, salsa Refried Beans Fruit Milk	29 Chicken Parmesan Sandwich w/ Cheese & Marinara sauce Sweet Potatoes Fruit Milk	30 Uncrustable Chicken Soup Peas Fruit Milk	1

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Meal: Breakfast

Month: September 2021

September				
M	Tu	W	Th	F
30 Pancake, Sausage, Fruit, Milk	31 Waffles, Bacon, Fruit, Milk	1 Hot Apple Strudel Cheese Stick Fruit Milk	2 Muffin Yogurt Fruit Milk	3 Cereal Cheese Stick Fruit Milk
6	7 Poptart Hard Boiled Egg Fruit Milk	8 Pancake on Stick Fruit Milk	9 Cheese Omelet Toast Fruit Milk	10 Cereal Cheese Stick Fruit Milk
13 Waffle Yogurt Fruit Milk	14 Egg, Sausage, Cheese Sandwich Fruit Milk	15 Honey Bun Hard Boiled Egg Fruit Milk	16 Fruit Parfait yogurt Granola Milk	17 Cereal Cheese Stick Fruit Milk
20 Scrambled Eggs Toast Fruit Milk	21 Muffin Yogurt Fruit Milk	22 Biscuit & Gravy Fruit Milk	23 Pancake Sausage Fruit Milk	24 Cereal Cheese Stick Fruit Milk
27 Banana Mini Loaf Bacon Fruit Milk	28 French Toast Stick Sausage Fruit Milk	29 Cinnamon Roll Yogurt Fruit Milk	30 Donut Cheese Stick Fruit Milk	1